

# Comparative pharmacoeconomic assessment of apixaban vs. standard of care for the prevention of stroke in Italian atrial fibrillation patients

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## ABSTRACT

**OBJECTIVES:** The aim of this study was to evaluate the cost-effectiveness of apixaban in the prevention of thromboembolic events in patients with non-valvular atrial fibrillation (NVAF) relatively to standard of care (warfarin or aspirin) from the Italian National Health System (SSN) perspective.

**METHODS:** A previously published lifetime Markov model was adapted for Italian context. Clinical effectiveness data were acquired from head-to-head randomized trials (ARISTOTLE and AVERROES); main events considered in the model were ischemic and hemorrhagic stroke, systemic thromboembolism, bleeds (both major and clinically relevant minor) and cardiovascular hospitalizations, besides treatment discontinuations. Expected survival was projected beyond trial duration using national mortality data adjusted for individual clinical risks and adjusted by utility weights for health states acquired from literature. Unit costs were collected from published Italian sources and actualized to 2013. Costs and health gains accruing after the first year were discounted at an annual 3.5% rate. The primary outcome measure of the economic evaluation was the incremental cost effectiveness ratio (ICER), where effectiveness is measured in terms of life-years and quality adjusted life-years gained. Deterministic and probabilistic sensitivity analyses (PSA) were carried out to assess the effect of input uncertainty.

**RESULTS:** Apixaban is expected to reduce the incidence of ischemic events relative to aspirin and to improve bleeding safety profile when compared to warfarin. Incremental LYs (0.31/0.19), QALYs (0.28/0.20), and costs (1,932/1,104) are predicted with the use of apixaban relative to aspirin and warfarin, respectively. The ICERs of apixaban were € 6,794 and € 5,607 per QALY gained, respectively. In PSA, the probability of apixaban being cost effective relative to aspirin and warfarin was 95% and 93%, respectively, for a WTP threshold of € 20,000 per QALY gained. Univariate analyses indicate that results were most sensitive to variations of the absolute risk reduction for cardiovascular events with apixaban.

**CONCLUSIONS:** Apixaban is expected to increase life expectancy and quality-adjusted life expectancy, but also costs dedicated to Italian NVAF patients, as compared to standard of care. The resulting ICERs have high probabilities of being below the conventional thresholds of WTP for health benefits of the SSN, indicating efficient allocation of health care resources.

## Keywords

*Apixaban; Novel oral anticoagulant agents; Atrial fibrillation*

## INTRODUCTION

Atrial fibrillation (AF) is the most prevalent form of arrhythmia, involving about 1-2% of the population in industrialized countries [1]. Its prevalence increases with age, reaching values above 5% in the over 65 years old, and of 9% in octogenarians [2].

In Italy, a prevalence of 600,000 AF patients was estimated for year 2010, and a further increase is expected due to the increasing age of the population and the improved survival of cardiovascular patients [3]. Stroke is the main complication of AF [4]: over 20% of ischemic strokes are linked to some

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## Disclosure

Study funded by Bristol-Myers Squibb and Pfizer

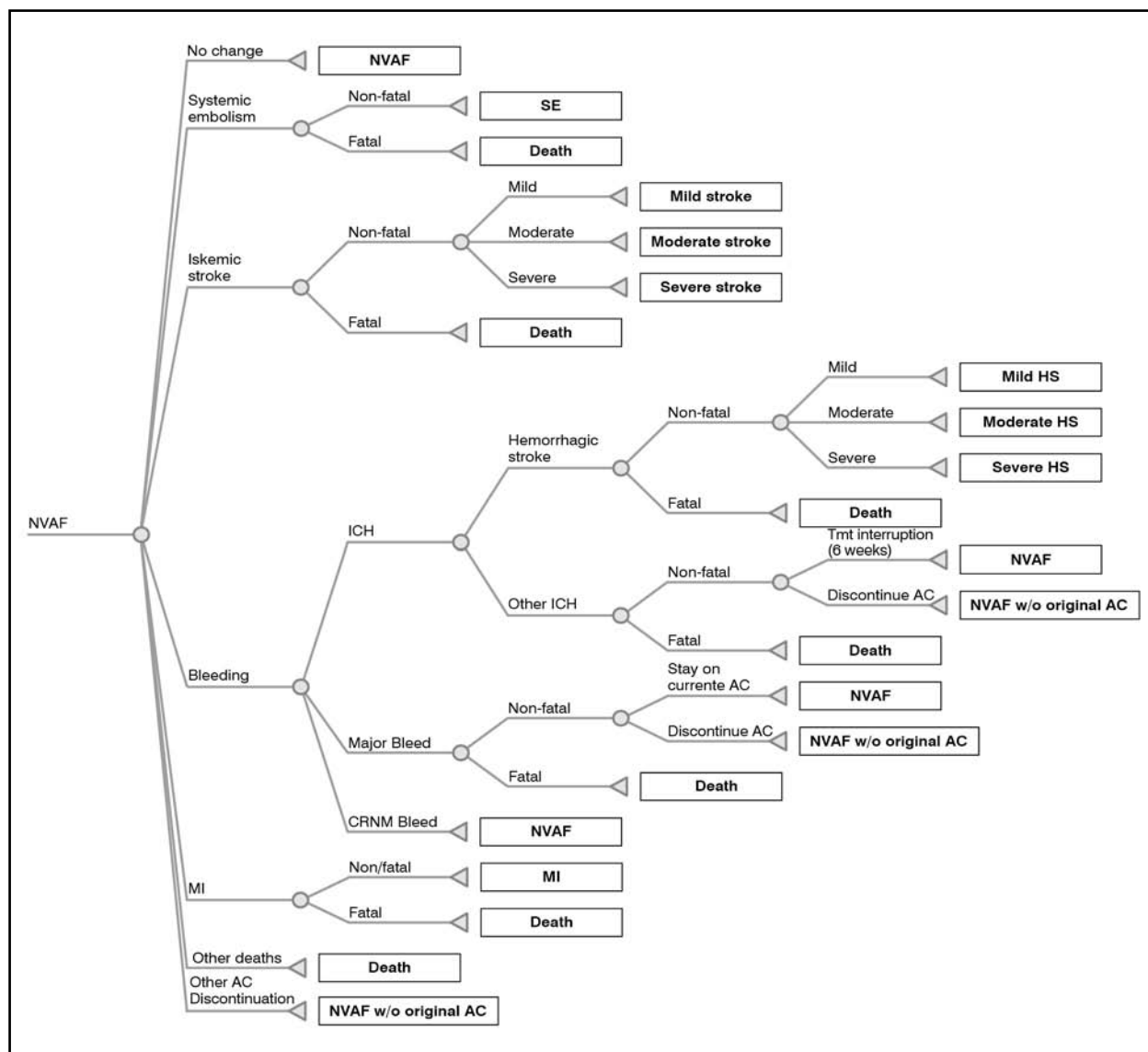


Figure 1. Simplified structure of the Markov model

form of arrhythmia [1], and in these patients, they tend to be more severe than in non-arrhythmic patients [5]. About 40% of stroke survivors presents moderate to severe disability; applying these rates to the prevalent population, it has been calculated that around 384,000 are not autonomous in Italy due to stroke, and this figure is expected to rise up to 440,000 by 2020 [6].

Therapeutic goals in the management of AF patients include symptom control, but also the prevention of thromboembolic complications, stroke *in primis*. This was traditionally pursued with the administration of vitamin K antagonists (VKA), or with antiplatelet agents, mainly aspirin, in subjects intolerant or contraindicated to VKAs [7].

Apixaban, a direct and selective coagulation factor Xa inhibitor, which is associated with a more favorable risk/benefit ratio than VKA and aspirin [8,9] is facing the launch on the market for the thromboembolic prevention

in non-valvular AF (NVAF, about 70% of all FA cases), with reimbursement restrictions: NVAF with both  $CHA_2DS_2-VASc \geq 1^1$  and  $HAS-BLED > 3^2$ , or  $TTR < 70\%$  or objective difficulties in measuring INR [10].

The objective of the present analysis is the evaluation of the cost/effectiveness of the use of apixaban in the prevention of thromboem-

<sup>1</sup> Calculates stroke risk for patients with atrial fibrillation, possibly better than the CHADS<sub>2</sub> score. It is composed of 7 domains: Age (1 point for ages 65-74, 2 points for > 74); Gender (Female, 1 point); Congestive Heart Failure History (Yes, 1 point); Hypertension History (Yes, 1 point); Stroke/TIA/Thromboembolism History (Yes, 2 points), Vascular Disease History (Yes, 1 point), and Diabetes Mellitus (Yes, 1 point)

<sup>2</sup> "HAS-BLED" is an acronym for: Hypertension, Abnormal Liver/Renal Function, Stroke History, Bleeding Predisposition, Labile INR, "Elderly" (Age > 65), Drugs/Alcohol Usage, with each of the domains scored 1 point if present, to be added up to obtain total score, which correlates with the risk of major bleeding. Estimates risk of major bleeding for patients on anticoagulation to assess risk-benefit in atrial fibrillation care.

bolic events in the indicated Italian population of patients with NVAF, as compared with the standard of care (warfarin for the suitable population, aspirin for the remaining).

## METHODS

The analysis is conducted as a simulation study, performed through the adaptation of a previously published international model [11,12] simulated using epidemiological, clinical practice and unit costs pertinent to the Italian setting. The model is designed to reproduce the experience of a cohort of NVAF patients of user defined features, alternatively treated with the compared therapeutic options. During the lifetime simulation, events and consumed resources from the Italian National Health System perspective are recorded by the model; main clinical outcomes monitored are ischemic and hemorrhagic stroke, systemic thromboembolism, bleeds (both major and clinically relevant minor), cardiovascular hospitalizations, and death. Summary effectiveness indicators are overall survival, expressed in life years (LY), and expected quality-adjusted survival, expressed in quality-adjusted life years (QALYs).

### Model structure

The model is designed as a decision tree with Markov chains as branches; the experience of a NVAF patient is discretized in 17 possible and mutually exclusive health states (Figure 1). Transitions among health states are determined by probability matrices derived from the relevant literature as detailed elsewhere [11].

At the end of each 6 week cycle, patients can stay in the current health state, or experience a clinical event and transition to the corresponding state; some events only imply a resource consumption and a temporary change in the utility (quality of life index), whilst others – i.e. stroke, myocardial infarction (MI), and systemic embolism – also modify the chance of incurring in further events. Stroke survivors distribute among subsequent health states basing on the assigned severity distribution of the specific event. Following a major bleeding, patients may continue to receive the initial anticoagulant, or switch to a second line treatment, associated with specific clinical event risks.

### Population

The simulation is run on two cohorts (Table I): the first (base-case) reproducing clinical and demographic features of the AVERROES [9] and ARISTOTLE [8] trial population, for the

	Base-case – VKA unsuitable population [9]	Base-case – VKA suitable population [8]	Real-world population [13]
% males	59	65	53
Mean age (years)	70	70	77
CHADS <sub>2</sub> score (%)			
0-1	38	34	53
2	35	36	23
> 2	27	30	24

**Table I.** Baseline characteristics of the simulated populations: base-case patient populations, from AVERROES [9] and ARISTOTLE [8] trials, and alternative-case population, from a nationwide cohort of real world patients, registered in the Danish patient registry [13]

analysis of NVAF patients unsuitable and suitable for VKA therapy, respectively; the second those of a non-experimental population of NVAF patients studied by Olesen et al. [13]. In this cohort study, Olesen et al. assessed the individual risk factors composing the CHADS<sub>2</sub> and CHA<sub>2</sub>DS<sub>2</sub>-VASc score calculating the capability of the schemes to predict thromboembolism in a nationwide cohort of Danish real world patients.

### Clinical outcomes rates

The effectiveness and safety profile of apixaban by VKA suitability reflects event rates recorded in the ARISTOTLE [8] and AVERROES trials [9], integrated with patient-level data made available by Dorian et al. (Table II). ARISTOTLE was an international, multicentre, double-blind, double-dummy, placebo-controlled, randomised controlled trial that compared apixaban with warfarin in 18,201 adults with atrial fibrillation and at least one additional risk factor for stroke, assessed by CHADS<sub>2</sub> criteria. Apixaban was associated with a significantly lower rate of stroke and systemic embolism than warfarin. When strokes were analysed separately, apixaban was associated with a significant reduction in hemorrhagic stroke compared with warfarin. Episodes of fatal or disabling stroke were significantly lower in the apixaban arm. The safety analyses point out as apixaban resulted in significantly fewer bleeding events than warfarin for all of the major bleed types and clinically relevant non-major bleeding events.

AVERROES study was an international, multicentre, double-blind, double-dummy, placebo-controlled, randomised controlled trial that compared apixaban with aspirin in 5,599 adults with atrial fibrillation and at least 1 additional risk factor for stroke for whom treatment with warfarin was unsuitable or the patients were unwilling to take it. Apixaban reduced the rate of stroke and

systemic embolism compared with aspirin; rates of fatal or disabling stroke were also lower in patients who received apixaban. When strokes were considered as a separate outcome, apixaban decreased the rates of ischaemic stroke compared with aspirin but did not statistically significantly decrease the rates of hemorrhagic stroke.

Increasing age is associated with higher ischemic stroke (IS) risk; in the model, this is accounted for by applying a HR of 1.4 per decade [14]. Severity distribution of ISs is classified according to the modified Rankin scale (mRS – mild 0-2; moderate 3-4; severe 5 and fatal 6) specific to the anticoagulant (AC) treatment and was derived from published literature (Table II).

Similarly, the model accounts for age-related increase in Intra Cranial Hemorrhages (ICH) risk by applying a 1.97 HR per decade [15].

Hemorrhagic strokes (HS) are determined as a treatment-specific percentage of ICHs; similarly, their severity distribution, again expressed in terms of mRS, is treatment-specific.

IS and HS survivors are at risk of recurrence: this is modelled according to a real-life registry indicating a cumulative incidence of 4.1 and 3.0 per 100 patient-years, respectively [16]; the severity distribution of recurrent strokes is conditional on the severity of the first stroke, as observed in ARISTOTLE and AVERROES.

As with IS and ICH, the model accounts for increasing MI risk with higher ages by applying an HR of 1.30 per decade [17]. MI case fatality rates applied in the simulation are specific for gender (10.8% in men and 15.6 for women), differently than for SE (9.4%) [18].

	VKA suitable		VKA unsuitable		Second line therapy
	Apixaban	Warfarin	Apixaban	ASA	ASA (2 <sup>nd</sup> line)
<b>IS* (Rate/100 pts-yr)</b>	0.98	1.08	1.37	3.10	3.45 <sup>5</sup>
Pts distribution (%)					
• Mild mRS (0-2)	53	45	40	36	36 <sup>4</sup>
• Moderate mRS (3-4)	21	30	28	38	38 <sup>4</sup>
• Severe mRS (5)	8	10	12	15	15 <sup>4</sup>
• Fatal mRS (6)	18	15	20	11	11 <sup>4</sup>
<b>ICH* (Rate/100 pts-yr)</b>	0.33	0.80	0.34	0.35	0.32 <sup>5</sup>
Other ICH (%)	23	36	45	45	45 <sup>4</sup>
Case Fatality Rates (%)	13 <sup>2</sup>	13 <sup>2</sup>	13 <sup>2</sup>	13 <sup>2</sup>	13 <sup>4</sup>
Proportion of HS (%)	77	64	55	55	55 <sup>4</sup>
• Mild mRS (0-2)	23	20	7	7	7 <sup>4</sup>
• Moderate mRS (3-4)	32	15	20	20	20 <sup>4</sup>
• Severe mRS (5)	10	12	27	27	27 <sup>4</sup>
• Fatal mRS (6)	35	53	46	46	46 <sup>4</sup>
<b>Other MB* (Rate/100 pts-yr)</b>	1.79	2.27	1.07	0.57	0.89 <sup>5</sup>
Case Fatality Rates (%)	2 <sup>2</sup>	2 <sup>2</sup>	2 <sup>2</sup>	2 <sup>2</sup>	2 <sup>4</sup>
Proportion of GI Bleeds (%)	38	35	35	39	39 <sup>4</sup>
<b>CRNM (Rate/100 pts-yr)</b>	2.08	2.99	3.11	2.37	2.94 <sup>5</sup>
<b>MI* (Rate/100 pts-yr)</b>	0.53	0.61	0.76	0.89	1.11 <sup>5</sup>
<b>SE (Rate/100 pts-yr)</b>	0.09	0.10	0.0	0.41	0.40 <sup>3</sup>
<b>Other CV Hosp (Rate/100 pts-yr)</b>	10.46 <sup>2</sup>	10.46 <sup>1</sup>	10.46	12.09	13.57 <sup>5</sup>
<b>Other Treat Disc (Rate/100 pts-yr)</b>	13.18	14.41	17.31	19.01	-
<b>Background mortality<sup>o</sup> (Rate/100 pts-yr)</b>	3.08	3.34	2.97	3.59	-

**Table II - Summary of main clinical inputs used in the analysis [11]**

CRNM: Clinically Relevant non Major Bleeds; GI: GastroIntestinal Bleeds; HS: Hemorrhagic Stroke; ICH: IntraCranial Hemorrhages; IS: Ischemic Stroke; MI: Myocardial Infarction; Other CV Hosp: Other CardioVascular Hospitalization; Other MB: Other Major Bleeds; Other TreatDisc: Other Treatment Discontinuation; pts: Patients; SE: Systemic Embolism; yr: year

<sup>1</sup> Assumption (same rate as the apixaban's rate observed among the VKA unsuitable population);

<sup>2</sup> Pooled sample percentages;

<sup>3</sup> Assumption (same rate as ASA first line observed in the VKA unsuitable population)

<sup>4</sup> Assumption (same distribution as ASA first line)

<sup>5</sup> Subgroup of patients who had VKA-unsuitability "demonstrated" (i.e., previously failed warfarin)

\* Stroke, bleeds and MI risks are adjusted over time to take into account the increased risks with aging; HR for adjunctive decade of 1.4 [14], 1.97 [15], and 1.3 [17], respectively, are applied

<sup>o</sup> For the duration of the trial period (1.9 years (ARISTOTLE) and 1.2 years (AVERROES))

Health condition	NVAF [20]	Stroke [21-23]			MI [24]		SE <sup>o</sup>
		Mild	Moderate	Severe	Female	Male	
HR	1.34	3.18	5.84	15.75	4.16	2.56	1.34

**Table III.** Death hazard ratios according to the health condition of the simulated patient

<sup>o</sup> Assumption

During the simulation, patients may discontinue treatment, either completely, or by switching to another AC regimen, as a consequence of clinical events incurred, or for other reasons, as described on Dorian et al. [11] and Lip et al. [12].

Besides the already described case fatality rates for stroke, bleeding, and MI, the population is subjected to a background mortality derived from ARISTOTLE for the duration of the trial follow-up; given the lack of sound comparative mortality rates, the same background mortality has been applied to all NOACs.

Beyond the trial duration, mortality is projected based on Gompertz distributions fitted on Italian age- and gender-specific population rates [19], corrected for the HRs associated to AF, MI, stroke, and SE, as shown in Table III.

### Utility

Baseline utility assigned to the simulated population derives from a preference study conducted on AF patients [25]. The model accounts for reduced preference for warfarin and ASA administration, as reported in Gage et al. [26]; temporary disutilities are assigned to patients experiencing clinical events, as shown in Table IV.

### Costs

Costs are evaluated from the perspective of the National Health System (SSN); accordingly, only direct health care costs are considered:

- Drug acquisition costs, at negotiated net prices [27] (Table V);
- Routine visits [28] for all treated patients and INR monitoring for warfarin treated patients, basing on data reported by Pengo in 2011 [29] and Mennini in 2012 [30];
- Acute event management (strokes, bleeds, myocardial infarction, and other CV hospitalizations);
- Long-term post-event management for stroke, MI, and SE;
- Other health care costs associated with AC management (Table VI).

Stroke management costs have been elaborated basing on data reported in an observational study conducted on 411 Italian stroke survivors, followed up for 12 months [31]:

Condition	Mean utility	Disutility (duration)
<b>Atrial fibrillation (Baseline)</b>	0.7270 [25]	
<b>Ischemic stroke</b>		
Mild	0.6151 [25]	
Moderate	0.5646 [25]	
Severe	0.5142 [25]	
<b>Hemorrhagic stroke</b>		
Mild	0.6151 [25]	
Moderate	0.5646 [25]	
Severe	0.5142 [25]	
<b>Myocardial infarction</b>	0.6098 [25]	
<b>Systemic embolism</b>	0.6265 [25]	
<b>Other intracranial hemorrhages</b>		-0.1511 [25] (6 weeks [11,12])
<b>Other major bleeding</b>		-0.1511 [25] (14 days)*
<b>Clinical relevant, non major bleeds</b>		-0.0582 [25] (2 days)*
<b>Other CV hospitalizations</b>		-0.1276 [25] (6 days [11,12])
<b>Drug utilization</b>		
Aspirin		-0.0020 [26]
Warfarin		-0.0120 [26]

**Table IV.** Utilities and disutilities used in the simulation

\* Assumption based on Freeman, 2011 [17] and reported on Dorian, 2014 [11] and Lip, 2014 [12]

Drug	Dose (mg/die)	Daily cost (€)
Aspirin	100	0.04
Warfarin	5	0.03
Apixaban	10	1.90

**Table V.** Drug acquisition costs, at negotiated net prices [27]

for each severity category within ischemic and hemorrhagic strokes, the mean long-term maintenance cost has been approximated to the monthly cost recorded in the second semester; the costs for the acute phase correspond to the sum of the corresponding DRG tariff [32] and the difference between the costs accrued in the first and second follow-up semester.

For acute and long-term MI management, cost data are elaborated basing on three-year follow-up data reported for Italian MI survivors [33]. The costs attributed to the other clinical events considered are equaled to the

	Unit cost (€)	Unit	Duration	Source
<b>INR monitoring</b>	380	per year	N/A	Mennini et al. [30]
<b>Routine visit</b>	15.37	per visit	N/A	Lucioni et al. [28]
<b>Ischemic Stroke</b>				
Mild				
• Acute	4,663.06	per episode	2 weeks	Fattore et al. [31]
• Maintenance	81.76	per month	Lifetime	Fattore et al. [31]
Moderate				
• Acute	6,137.96	per episode	2 weeks	Fattore et al. [31]
• Maintenance	139.04	per month	Lifetime	Fattore et al. [31]
Severe				
• Acute	10,311.34	per episode	2 weeks	Fattore et al. [31]
• Maintenance	327.95	per month	Lifetime	Fattore et al. [31]
Fatal	3,891.00	per episode	N/A	DRG 14 [32]
<b>Hemorrhagic stroke</b>				
Mild				
• Acute	6,321.14	per episode	2 weeks	Fattore et al. [31]
• Maintenance	118.11	per month	Lifetime	Fattore et al. [31]
Moderate				
• Acute	10,073.43	per episode	2 weeks	Fattore et al. [31]
• Maintenance	200.86	per month	Lifetime	Fattore et al. [31]
Severe				
• Acute	20,932.42	per episode	2 weeks	Fattore et al. [31]
• Maintenance	473.77	per month	Lifetime	Fattore et al. [31]
Fatal	3,891	per episode	N/A	DRG 14 [32]
<b>Other ICH</b>	25,812	per month	N/A	DRG 528 [32]
<b>Other major bleeding</b>	3,317	per episode	N/A	DRG 174 [32]
<b>CRNMB</b>	2,091	per episode	N/A	DRG 175 [32]
<b>IM</b>				
• Acute	6,275.21	per episode	N/A	Mantovani et al. [33]
• Maintenance	157.97	per month	Lifetime	Mantovani et al. [33]
<b>SE</b>				
• Acute	4,663.06	per episode	2 weeks	Assumption
• Maintenance	81.76	per month	Lifetime	Assumption
<b>Other CV hospitalization</b>	4,742	per episode	N/A	DRG 479 [32]

Table VI. Cost inputs

corresponding DRG-based tariff [32] paid to the hospitals by the SSN.

Other AC related costs considered are related to dyspepsia management (€ 71.46/year [34], rates of dyspepsia from ARISTOTLE for apixaban and warfarin).

All historical cost data have been actualized to 2013 values using official indices [19].

### Incremental cost/effectiveness analysis

Lifetime results from the simulation are presented as incremental cost/effectiveness and incremental cost/utility ratios, i.e. as the ratio of the difference in costs over the difference in life years and quality-adjusted life years, respectively.

The effect of parameter uncertainty on the results is assessed by probabilistic sensitivity analyses (PSA), in which the model is re-evaluated with 2000 sets of parameter values sampled from appropriate distributions. The influence of single parameters on the results is evaluated with a series of one-way deterministic sensitivity analyses (DSA), in which the model is re-calculated using extreme parameter values, corresponding to the lower and upper limits of the 95% confidence interval; when this was unavailable from the original data, it has been calculated assuming a SEM equaling 25% of the mean.

In incremental cost/effectiveness analyses, costs and benefits accruing after the first year are discounted at a 3.5% annual rate.

**RESULTS**

In Table VII, the expected clinical events accruing in two hypothetical populations of NVAF patients over lifetime are presented. According to the clinical trials' results, apixaban is expected to reduce the incidence of

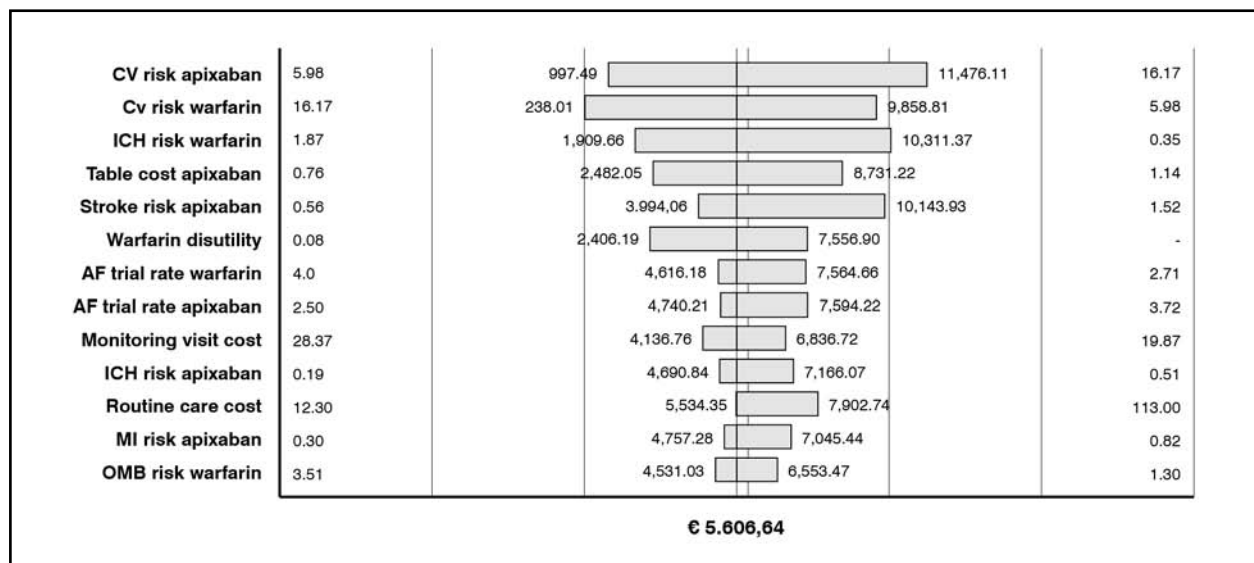
ischemic events when compared to aspirin. In the comparison against warfarin in the relevant population, apixaban is associated with an estimated improved bleeding safety profile. When converted into the summary indicators (Table VIII) used for the incremental allocation

Events on total population (n.)	VKA unsuitable		VKA suitable	
	Apixaban	Aspirin	Apixaban	Warfarin
Ischemic Stroke	268	317	238	241
Recurrent Ischemic Stroke	33	44	29	30
Hemorrhagic Stroke	21	19	27	41
Recurrent Hemorrhagic Stroke	1	1	2	2
Systemic Embolism	26	37	26	26
Other ICH	17	15	13	25
Other Major Bleeds	111	76	171	187
Clinically Relevant Non-Major Bleeds	344	273	298	341
MI	100	97	88	90
Other CV Hospitalization	1,231	1,189	1,231	1,200
Other Treatment Discontinuation	709	675	645	641

**Table VII.** Clinical events among 1,000 VKA unsuitable and VKA suitable patients over lifetime

	Lifetime result			Delta (apixaban - comparator)	ICER (apixaban vs. comparator)
	Apixaban	Apixaban	ASA		
<b>VKA suitable</b>					
Total cost (€)	14,133	13,029		1,104	
QALY	6.48	6.28		0.20	5,607
LY	9.12	8.93		0.19	5,814
<b>VKA unsuitable</b>					
Total cost (€)	14,215		12,283	1,932	
QALY	6.45		6.17	0.28	6,794
LY	9.10		8.79	0.31	6,177

**Table VIII.** Base-case CEA: accrued LYs, QALYs, total costs, and corresponding ICERs



**Figure 2.** DSA apixaban vs. warfarin. The extreme values tested for each parameter are reported on the same line of the corresponding bar

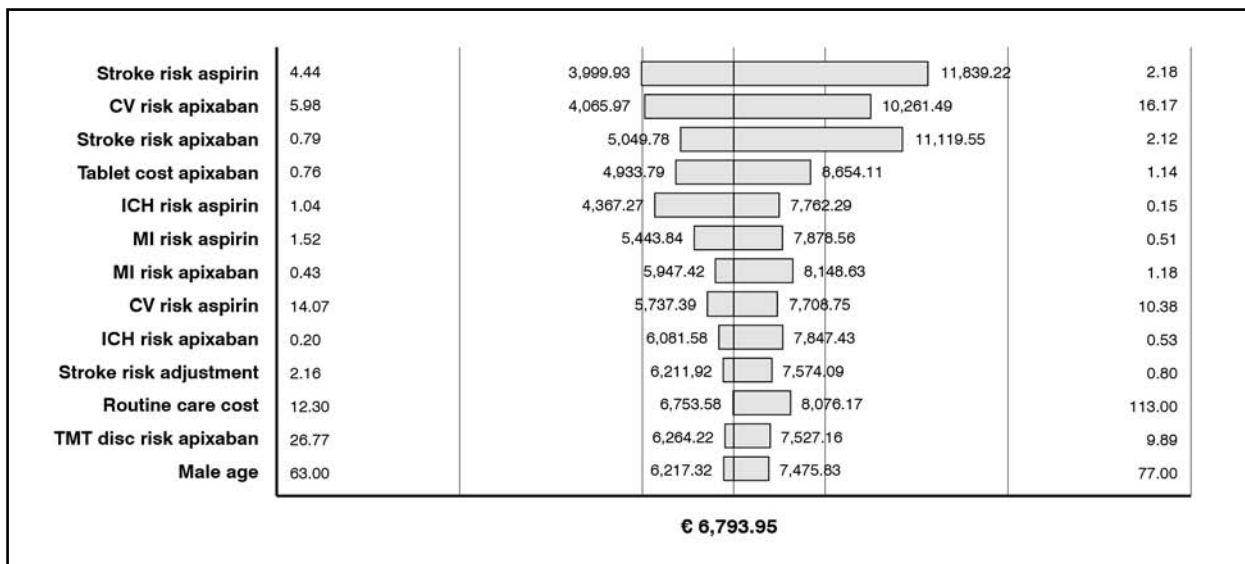


Figure 3. DSA apixaban vs. ASA. The extreme values tested for each parameter are reported on the same line of the corresponding bar

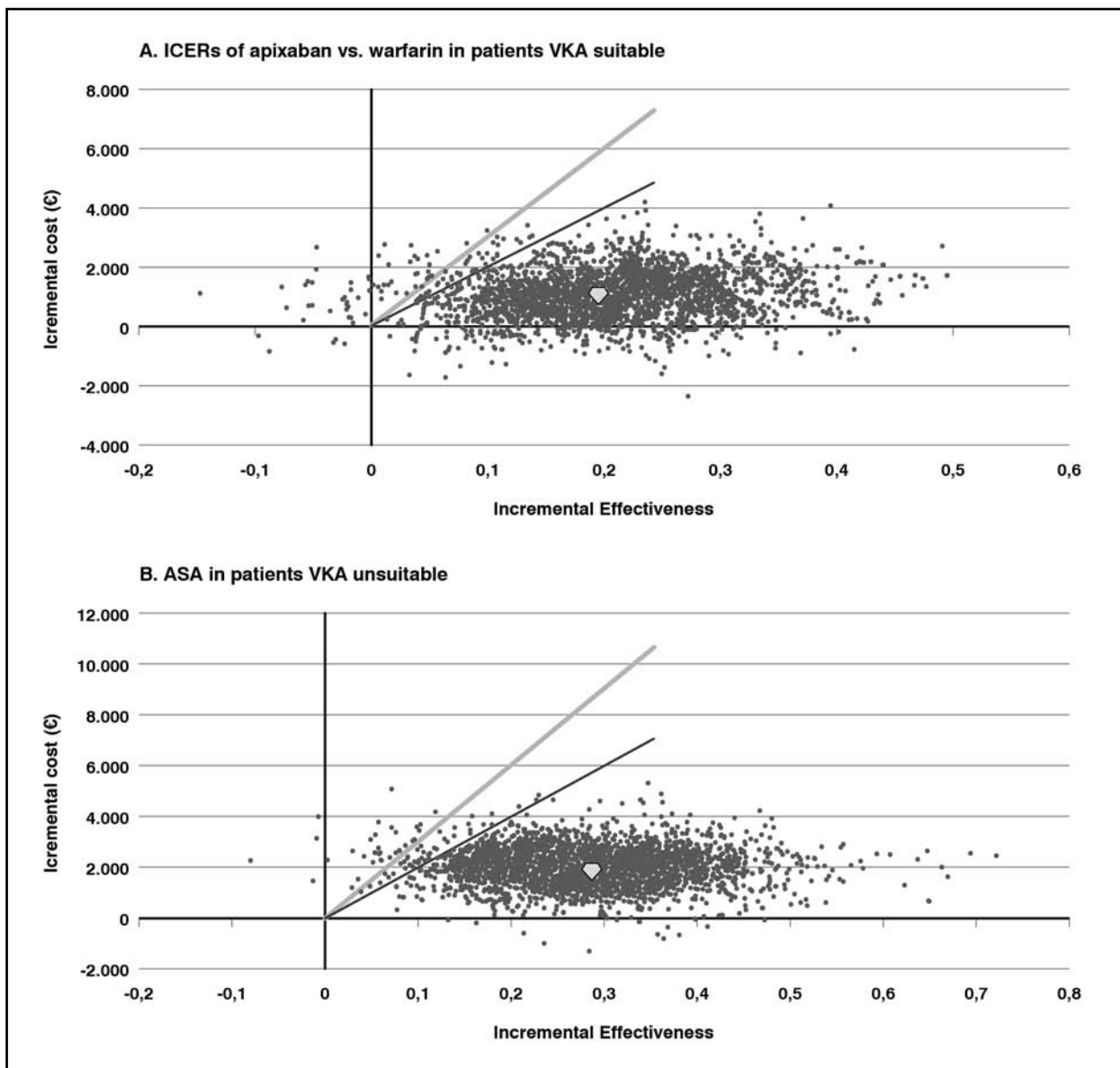


Figure 4. PSA: scatterplots of ICERs of apixaban vs. warfarin in patients VKA suitable (panel A) and ASA in patients VKA unsuitable (panel B). The two lines represent WTP thresholds: 20,000 and 30,000 €/QALY gained (lower and upper, respectively). The diamonds indicate the base case ICER



efficiency analyses, the above figures translate into a gain of 0.19 LYs, or 0.20 QALYs, and of 0.31 LYs, or 0.27 QALYs, in the comparison against aspirin and warfarin, respectively. This improvement comes at an increased cost, which however, seems moderate, equaling around € 1,000 and 2,000 per patient over a lifetime, respectively. In terms of incremental cost/effectiveness, this corresponds to 5,600 €/QALY or 5,800 €/LY gained and € 6,800/QALY or € 6,200/LY gained, respectively.

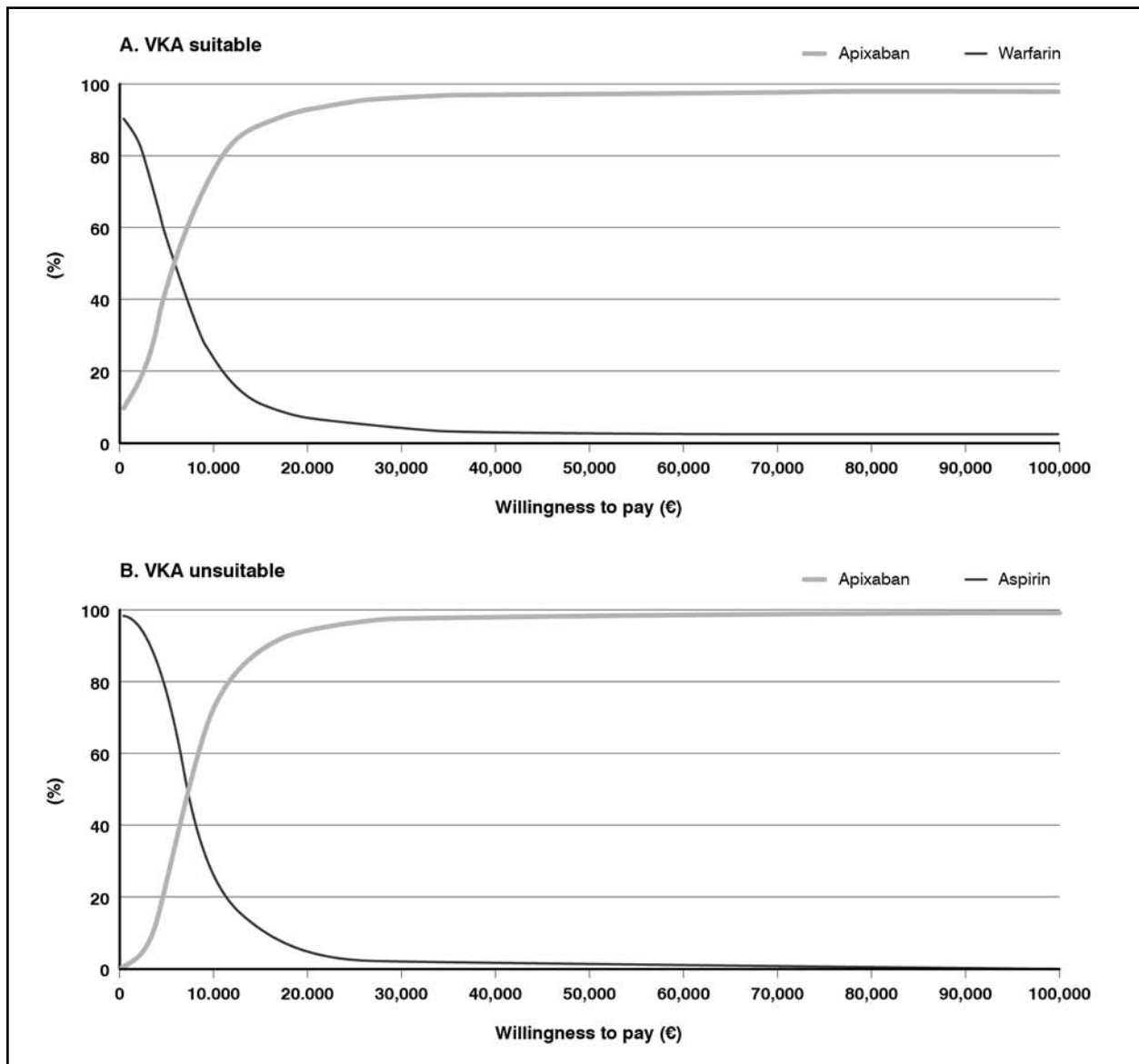
These ICERs indicate a favourable pharmacoeconomic profile, when assessed in terms of the willingness to pay for health benefits of the SSN, or of any other third party payer in industrialized countries.

DSA for the analysis of apixaban vs. warfarin is represented as a tornado diagram in Figure 2, showing the impact of single parameters on the estimated ICERs in order of decreasing magnitude of effect. The most

influential parameters are the absolute CV risks for both treatments and the ICH risk associated with warfarin use; in any tested case, the corresponding ICER remains below commonly accepted WTP values.

The same considerations hold true for the comparison against ASA, where ICER is most influenced by variations of the attributed stroke risks for both treatments, and by the level of CV risk for apixaban-treated patients (Figure 3).

Probabilistic sensitivity analysis substantially confirms the findings of the main analysis, as shown in Figure 4 representing the distribution of the 2000 ICER estimates of the PSA. Apixaban is expected to be a better choice than warfarin for any WTP above about 10,000 €/QALY gained, with probabilities of being cost-effective of 93% and 96%, for the conventional WTP thresholds of 20,000 and 30,000 €/QALY gained, respectively. Cor-



**Figure 5.** Probability of being the most cost-effective treatment choice in VKA suitable (panel A) and VKA unsuitable (panel B) patients

responding percentages for the comparison with aspirin in the VKA-unsuitable population are 95% and 98% (Figure 5).

The substantial stability of model results is further confirmed by the analysis of apixaban vs. warfarin conducted on the cohort reproducing the clinical features and demographics of the real world population described in [13]: mean incremental QALYs and costs are both estimated slightly lower (0.15 vs. 0.20 and 900 vs. 1100 €, respectively), but the resulting ICER is comparable – about 6,200 €/QALY gained.

## CONCLUSIONS

In NVAF patients unsuitable for VKA treatment, studied in the AVERROES trial, apixaban compared favourably with ASA, reducing the incidence of stroke or systemic embolism, without increasing the incidence of bleedings (ICH included). In the ARIS-TOTLE trial, apixaban was clearly superior to warfarin in preventing stroke or systemic embolisms, with a concomitant reduction in bleedings (including haemorrhagic stroke) and more importantly in all-cause mortality.

These data lead to very favourable pharmacoeconomic indicators, which suggest that the introduction of apixaban in the treatment of Italian NVAF patients represents an efficient allocation of health care resources, as compared to the treatment which are currently the standard of care. Furthermore, the calculated cost/effectiveness neglects an aspect which has the potential to increase the convenience of apixaban: it is the first and currently only NOAC to have demonstrated efficacy also in VKA-unsuitable patients, and will therefore be considered as relevant option by the decision makers in this specific subpopulation. This may avoid the discomfort, risk, and cost of treatment failures in patients who would otherwise be started on less specific treatments, or with warfarin, with the subsequent need for therapeutic revision, in case VKA-unsuitability should emerge.

In conclusion, the clinical data and expected pharmacoeconomic performance of apixaban is favourable, and it can be considered a welcome new entry in the therapeutic armamentarium at the disposal of the physician caring for NVAF patients in Italy.

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